



ORDINARY (GREEN GROWING) TIME 14 JUNE 2026

St Andrews Newsletter



We acknowledge Aboriginal and Torres Strait Islander peoples as the First Australians and Traditional Custodians. We acknowledge the land on which we worship is Dharug Country. We pay respects to elders past, present and emerging and honour their continuing connection to these lands, skies and waters. Sovereignty was never ceded.

SUNDAY SERVICE 9.30AM TAIZE 6.30PM

Preacher: Rev. Ellie Elia

Music Leader: Matt N.

Liturgist: Rev. Ellie Elia

Welcoming: Heather & Paul Hollier,
Steve Wilkes

Morning Tea: Ruth Delbridge &
Geoff Robards

Flowers: Carolyn Cook

Cleaning: Sue & David Reithmuller

Gumnuts (Kids)

Leader: Ella

Lesson: Kidness

GUCY (Youth Group)

7pm Fri 12 June

Leader: Ella, Mikali, Christian
Penrith Anglican Musical

THIS WEEK - DAILY EXAMEN QUESTIONS

Sunday 14 June

- Where did I receive this day as gift?
Where did I treat it as burden?

Monday 15 June

- Where did my conversations give life
today? Where did they diminish it?

Tuesday 16 June

- With whom did I feel most myself today?
With whom did I wear a mask?

Wednesday 17 June

- Where did I sense God drawing me
forward today? Where did I pull back?

Thursday 18 June

- When did I feel wonder today? When did I
feel numb?

Friday 19 June

- Where did beauty find me today? Where
did I miss seeing beauty?

Saturday 20 June

- Where did I experience something sacred
today? Where did the sacred feel hidden?

The Ignatian Examen

A daily prayer of noticing

During the season after Pentecost, the Church enters Ordinary Time. The liturgical colour is green — the colour of things quietly becoming. This is not the urgency of Lent, the joy of Easter, or the fire of Pentecost. It is something slower and perhaps more demanding: the long, unhurried work of growth. The seeds planted in the great festivals of the year are now taking root. Ordinary Time is where most of the actual living of faith happens. During this season, you are invited to build a practice.

Saint Ignatius of Loyola developed a spiritual exercise called the Examen — a simple, daily prayer of review and noticing. There are many variations. You can practice it alone, through journaling or quiet reflection. You can practice it with others, through listening and conversation. You may like to develop a ritual around it — a particular time, a favourite chair, a candle lit at the end of the day.

1. Begin

Take a breath. Become still. Become aware that you are in the presence of God, and that God is looking upon you with love.

2. Give thanks

Begin by giving thanks for the day. What blessings, large or small, have you received?

3. Ask for light

Ask God to help you see your day clearly — not with harsh judgement, but with gentle eyes.

4. Review

What am I most grateful for today?

What am I least grateful for?

Be attentive to the feelings these questions stir.

What might God be saying through them?

5. Look forward

What does tomorrow hold?

What does the week ahead ask of you?

Offer it gently to God.

Ask for what you need.

You may wish to close by saying:

In the name of the Father, the Son,
and the Holy Spirit.

Amen.

SIGN UP & FOLLOW

From this Sunday the 14 June to the end of July, we're inviting you to try the Examen as a daily practice — a simple way of becoming aware of God's presence woven through each ordinary day.

Scan the QR code to join the WhatsApp group to receive one question, each evening, sent to your phone. Or follow the week's questions printed in the newsletter.



ORDER A NAME BADGE

We are taking orders for Uniting Church name badges. These come with a magnetic clip and cost \$12 each for adults. All children and youth in our congregation are eligible for a free.

To place an order: complete the order form on the table at the entrance to the church, ring Jo Hillyard on 0407 503 535 or send an email to: caraloon03@gmail.com Jo needs to know: who the order is for, what name you want on the badge, your pronouns (if you wish this to be added) and which badges are for adults, so the adults can pay for their own.

Please advise Jo by Sunday 14 June.

WHAT'S ON THIS WEEK 15 - 21 JUNE

MONDAY
A.A 7-9PM

TUESDAY
BAND 5-9PM

WEDNESDAY
PLAYGROUP 9:30-12:30PM

THURSDAY
MID-WEEK DEVOTIONS 10.30AM
A.A 7-9PM

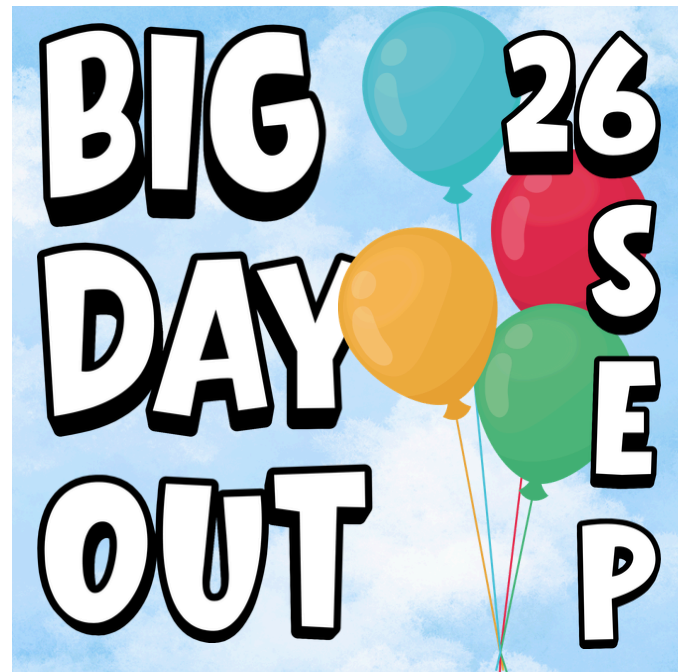
FRIDAY
BABY SEN.9-12PM
GUCY YOUTH 7PM

SATURDAY

SUNDAY
WORSHIP SERVICE 9.30AM
TAIZE 6.30PM

NEXT MID-WEEK DEVOTIONS

Our next Devotions gathering will be on **Thursday 18th June at 10.30am** in the church. All are welcome to this short service of traditional hymns, prayers, scripture and a message followed by social time over morning tea. This time we will be reflecting on the teaching of Jesus on "building upon the rock" and the calling of his disciples.



Think Church Camp:

games, food, ridiculous activities, community time, and joy - but you still get to sleep in your own bed. Because we love each other, but we also love sleep.

At Adam & Ellen's place.

More details to come. :-)

CHURCH CONTACTS

Minister: Rev Ellie Elia

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Youth/Young Adults Pastor: Ella Evans

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Safe Church Contact: Christian Conol

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Transport Support: David Maddox

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Communications: Donna Mapledoram

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Send Newsletter submission to Donna by
Wednesday

May Offerings \$ \$11,170
(Budget \$12,878)

DAILY BIBLE READINGS:

15 - 21 JUNE

MONDAY

GENESIS 21: 1-21 (8-21*)

TUESDAY

GENESIS 21: 22-34

WEDNESDAY

JEREMIAH 20: 7-13 (ALT.*)

THURSDAY ROMANS 5:
8-21

FRIDAY ROMANS

6: 1-11 (1B-11*)

SATURDAY

MATTHEW 10: 24-39*

SUNDAY

PSALM 86: 1-10, 16-17*

CHURCH GIVING

Giving Direct: Deposit your offering
anonymously directly into St Andrews
account at Uniting Financial Services BSB
634 634 Account **100030278**.

For other payments where we need to
identify you, deposit into St Andrews
General Account BSB **634 634** A
ccount **100026096**.

glenbrook.uca.org.au